

interactive

EMBROIDERY DESIGNS

Welcome to Sashiko Embroidery, part of the Interactive Embroidery series from Designer's Gallery! Sashiko Embroidery includes an exclusive Sashiko stitch that allows your machine to perfectly replicate the painstaking hand-stitch of traditional Sashiko. With the 12 projects in the Sashiko Embroidery collection, you can easily customize the size, stitch, design height and more. Create continuous borders and wallpaper designs with your choice of rows. Plus, add elements from other Interactive Embroidery collections for one-of-a-kind projects.

Sashiko Placemats



Create this gorgeous placemat using a continuous pattern stitched with the exclusive Sashiko stitch. This project will take you step-by-step through this easy-to-use software. The result is a beautiful placemat with a traditional handmade look.

Skill Level: Intermediate

Supplies:

Baby Lock® sewing and embroidery machine (130mm x 180mm)

Sashiko Embroidery from Designer's Gallery®

Thumb drive or the USB cable (comes with the machine)

Baby Lock® Tear-Away stabilizer

1 Yd each of 4 print fabrics (green, yellow, stripe and dotted)

Low loft batting

Madeira sewing and embroidery thread

Madeira temporary spray adhesive

General sewing and embroidery supplies

Rotary cutter and mat

Straight edge ruler

Clover Wonder Tape (optional)

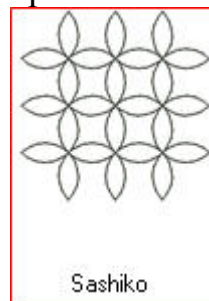
Triangle template

Instructions

At the Computer:



1. Open the program by clicking on the Interactive icon on the desktop.
2. On the left side of the screen, next to the workspace, the individual programs are listed. To select the program, slide the Scroll bar downward and left click on Sashiko. If you have more than one program installed, the programs will be listed in alphabetic order.

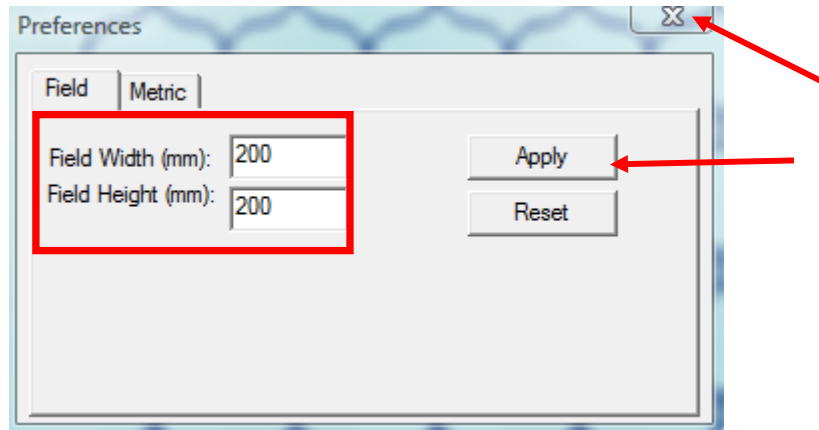


3. To set the parameters of the design measure the template provided at its widest point and longest points (165mm x 200mm).



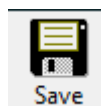
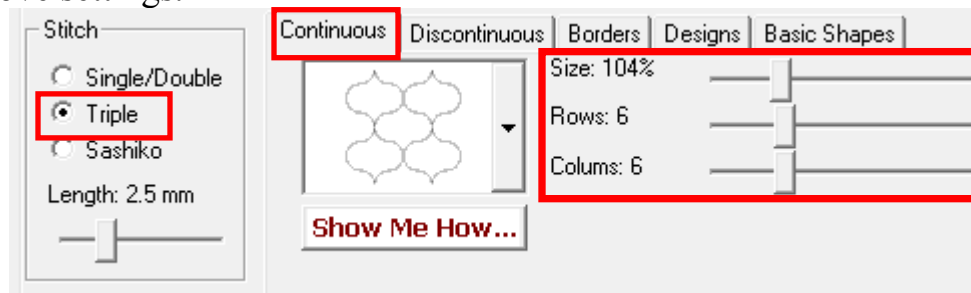
- Click on Preferences on the top toolbar.
- Type in 200mm in the Width and 200mm in the height fields.
Note: If your hoop is smaller multiple hoopings are required to create one area.
- Click on Apply.

- Close out of the field.



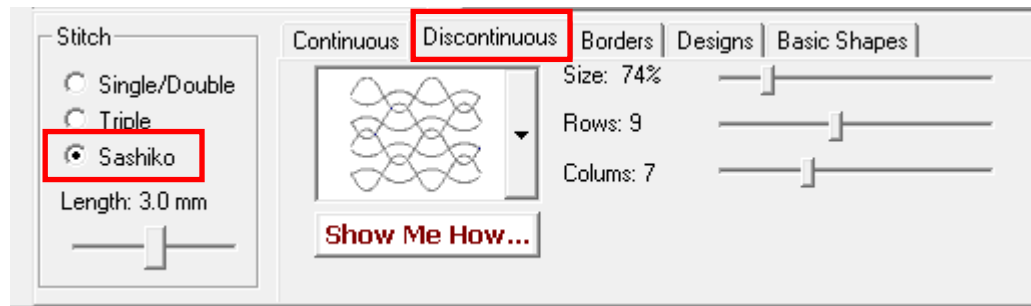
4. Click on the Continuous tab under the design window below the workspace. The finished design size will be approximately 198mm x 197mm. the size will be shown on the right side of the Status bar below the workspace. 198.1mm x 197.2mm
5. Use the following options to create the first design:
6. Click on the down arrow in the Design Selection box and select the Fish Net pattern.
7. Slide the Rows scroll bar to 6.
8. Slide the Columns scroll bar to 6.
9. Slide the Size to 104%.
10. Under Stitch click on Triple.

Note: The size of the design size will change when changing any of the above settings.

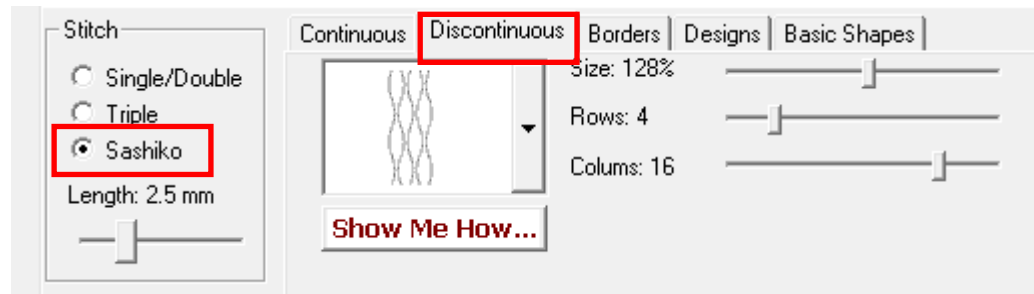


11. Click on Save found on the top toolbar. Name your file and select your USB drive or other location using the Save in drop down menu. Select the format from the list by clicking the down on the on the Save as Type box and clicking the desired format. Click Save. If your machine requires media other that a USB drive, follow the manufacturer's instructions to transfer the designs to that media.
12. To create the second design follow the next set of directions while continuing to use the same workspace Preferences as the first design:
13. Select the Discontinuous tab.

14. Select the pattern by clicking on the down arrow and select Rising Steam/Fish Net.
15. Under the Stitch type select Sashiko.
16. Set the Rows to 9.
17. Set the columns to 7.
18. Set the Size to 74%. The size of the design will be approximately 186mm x 198mm. 186.2mm x 198.0mm



19. Click on Save Save found on the top toolbar. Name your file and select your USB drive or other location using the Save in drop down menu. Select the format from the list by clicking the down on the on the Save as Type box and clicking the desired format. Click Save. If your machine requires media other than a USB drive, follow the manufacturer's instructions to transfer the designs to that media.
20. To create the third design follow the next set of directions while continuing to use the same workspace Preferences as the first design:
21. Click on the Discontinuous tab.
22. Click on the down arrow and select the pattern Rising Steam Single.
23. Click on Sashiko under the Stitch field.
24. Set the Rows to 4.
25. Set the Columns to 16.
26. Set the Size to 128%. The size of the design is approximately 127m x 199mm. 127.0mm x 199.1mm



27. Click on Save Save found on the top toolbar. Name your file and select your USB drive or other location using the Save in drop down menu. Select the format from the list by clicking the down on the on the Save as

Type box and clicking the desired format. Click Save. If your machine requires media other than a USB drive, follow the manufacturer's instructions to transfer the designs to that media.

At the Cutting Table:

The following direction will create one placemat.

1. From two of the green and yellow cotton print fabrics, cut two squares each that measure 8" x 8".
2. From the striped cotton print cut four sections that measures 6" x 10".
3. From the dotted cotton fabric, cut bias strips for the binding that measure 2½" wide.

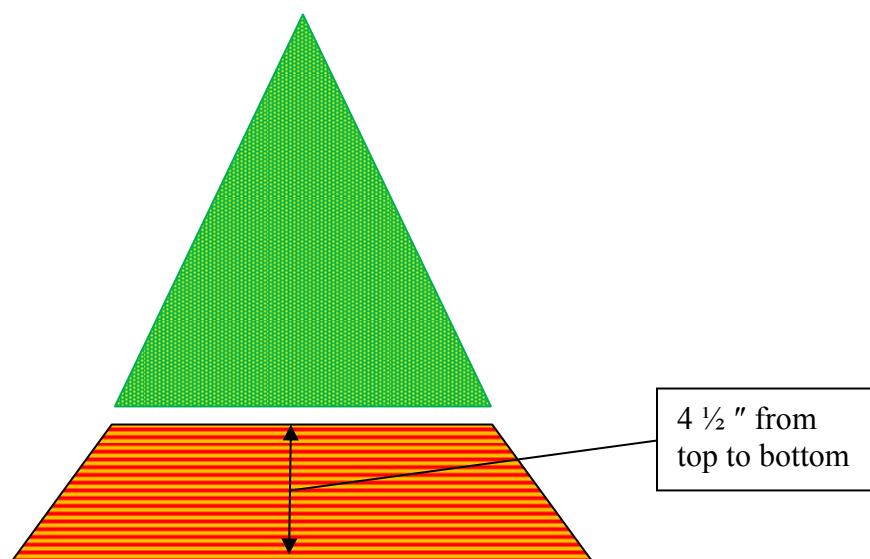
At the Embroidery Machine:

1. Hoop the Baby Lock Tear-Away stabilizer and spray with the temporary spray adhesive.
2. Center and place one of the green squares in the hoop. Finger press in place.
3. Embroider the first design and repeat for the other green square.
4. Repeat steps 1-3 for the yellow fabric using the second design.
5. Gently remove the stabilizer from the back of each of the squares.

Assembly of the Placemat:

Use a ¼" seam allowance for all seams.

1. Trace the pattern template on to a piece of paper.
2. Using the pattern, cut out two sections each from the green and yellow embroidered fabric, being careful to center the embroidered design in the shape.
3. Trim the striped embroidered section to 4 ½" wide.



4. With right sides together, place one of the green triangle shaped embroidered sections and one of the embroidered striped sections together at the widest end of the triangle. Sew the sections together.
5. Using a straight edge ruler and a rotary cutter trim the sides at the same angle as the triangle.
6. Repeat for the other green section and for the two yellow embroidered sections.
7. Press the seams toward the striped fabric.
8. With right sides together sew the sections together alternating the yellow and the green sections. Repeat until all four sections are sewn together.
9. Press the seams in the same direction.
10. To create the backing for the placemat, cut one piece each from the dotted fabric and the batting. Cut the sections larger than the embroidered top.
11. Sandwich the fabric sections together by layering the backing fabric, the batting and the top section on a flat surface in the order listed.
12. To hold in place, spray lightly between each of the layers with the temporary spray adhesive.
13. With the machine set for straight sewing, stitch in the ditch on all seams to hold the layers together.
14. Using a straight edge ruler and a rotary cutter trim all of the edges.
15. Sew the bias sections together until you have a continuous length that measures the distance around the outer edge of the placemat.
16. With wrong sides together, fold and press the bias strip lengthwise.
17. Fold one of the ends $\frac{1}{4}$ " inward and press.
18. Starting on the long edge of the placemat, pin the bias strip to the top of the placemat starting 6" in from the end. Start to sew 3" in from the end of the bias strip using a $\frac{1}{4}$ " seam allowance. Stop $\frac{1}{4}$ " from the first corner. Fold the bias up and then down to form the mitered corner. Continue sewing around the edge. Miter all of the corners in this manner. Tuck the end inside the bias's starting point and continue to sew the bias to the placemat.
19. Fold the bias to the backside of the placemat, overlapping $\frac{1}{8}$ " over the stitch line and pin in place. **Tip:** I like to use Wonder Tape to temporarily secure the bias on the back side of the placemat. Place wonder tape even with the raw edge and fold the binding over the wonder tape to hold in place.
20. To finish the placemat, stitch in the ditch on the top side of the placemat.